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Aurora
Santa Rosa
Hospital

Through compassionate care and clinical excellence, Aurora Santa Rosa Hospital is committed to the wellness of individuals, their families, and the community through prevention, intervention, and treatment. We offer a full spectrum of inpatient and outpatient services in a warm, inviting atmosphere where patients actively participate in their own treatment.

Please call if you or a loved one is experiencing:

- *Depression*
- *Extreme sadness or grief*
- *Thoughts of suicide or self-harm*
- *Drug or alcohol abuse*
- *Anger or aggressive behavior*
- *Psychosis or delusions*
- *Anxiety*
- *Sleeping too little or too much*

ADMISSION & REFERRAL PROCESS

Aurora Santa Rosa Hospital works to make the admission process as easy as possible. To begin, all you have to do is pick up the phone and call our Assessment and Referral Department available 24/7. Private and confidential assessments and referral information are provided at no charge.



Help is just a phone call away

707-800-7700

Fax: 707-800-7797

1287 Fulton Rd.

Santa Rosa, CA 95401



Aurora Santa Rosa Hospital is licensed by the State of California Department of Health and is accredited by the Joint Commission.

Aurora Santa Rosa Hospital does not discriminate against any person on the basis of race, color, national origin, sexual orientation, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment.



**Aurora
Santa Rosa
Hospital**

**Mental Health Care for
Adolescents, Adults, and Seniors**



INPATIENT TREATMENT

Aurora Santa Rosa Hospital is a 95-bed mental health treatment center for adolescents and adults. Recovery is important to us and we are committed to a supportive environment and an ongoing plan for long-term improved mental health. Treatment services include:

- Assessment
- Treatment planning
- Crisis intervention
- Consultation
- Education
- Individual therapy
- Group counseling
- Medication Management

Treatment services focus on helping patients develop the necessary coping skills to deal with the issues that led to the need for hospitalization. Case Management staff provide discharge services and arrange follow-up care in the community that is individualized for the special needs of each patient.



Aurora Santa Rosa Hospital

PARTIAL HOSPITALIZATION PROGRAM

The Partial Hospitalization Program, or PHP, is a comprehensive outpatient program that provides support and treatment for adults facing emotional or mental difficulties. Our program is overseen by physicians and offers all of the programming features of inpatient care, but without the overnight hospital stay. The structured format provides physician oversight, plus therapeutic groups and activities. The PHP is Monday through Friday from 9:00am to 3:30pm.



INTENSIVE OUTPATIENT PROGRAM

The Intensive Outpatient Program, or IOP, is designed to provide a concentrated, time-limited, comprehensive therapeutic environment for the treatment of mental health and substance abuse issues. Our IOP group therapy is overseen by physicians and is designed for those seeking tools and principles of recovery either as a step down from an inpatient or partial hospitalization setting, or simply someone needing treatment and support. Since we are hospital based, patients have access to a multidisciplinary team of experts that includes psychiatrists, psychologists, registered nurses and master's-level therapists. Each group meets three hours a day, three days a week.